



McGrath

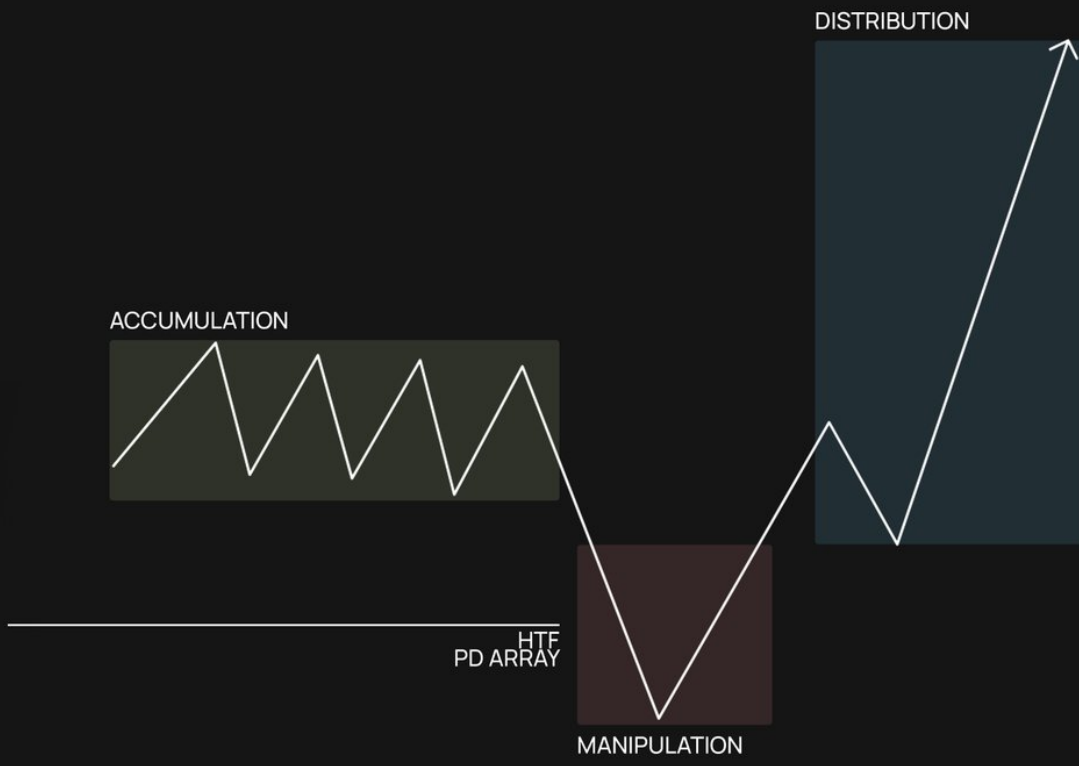
@mcgooxbt

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## How I Trade Power Of 3 (PO3)

A thread 



# How I trade: Power of 3 (PO3)

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Hello all, I decided to write this thread as I feel the integration of PO3 into your trading can provide nice confluences to add to your trading arsenal

I will give a breakdown of what The Power Of 3 is, also 2 real trade examples, where I analyse a Weekly PO3 and a Daily PO3

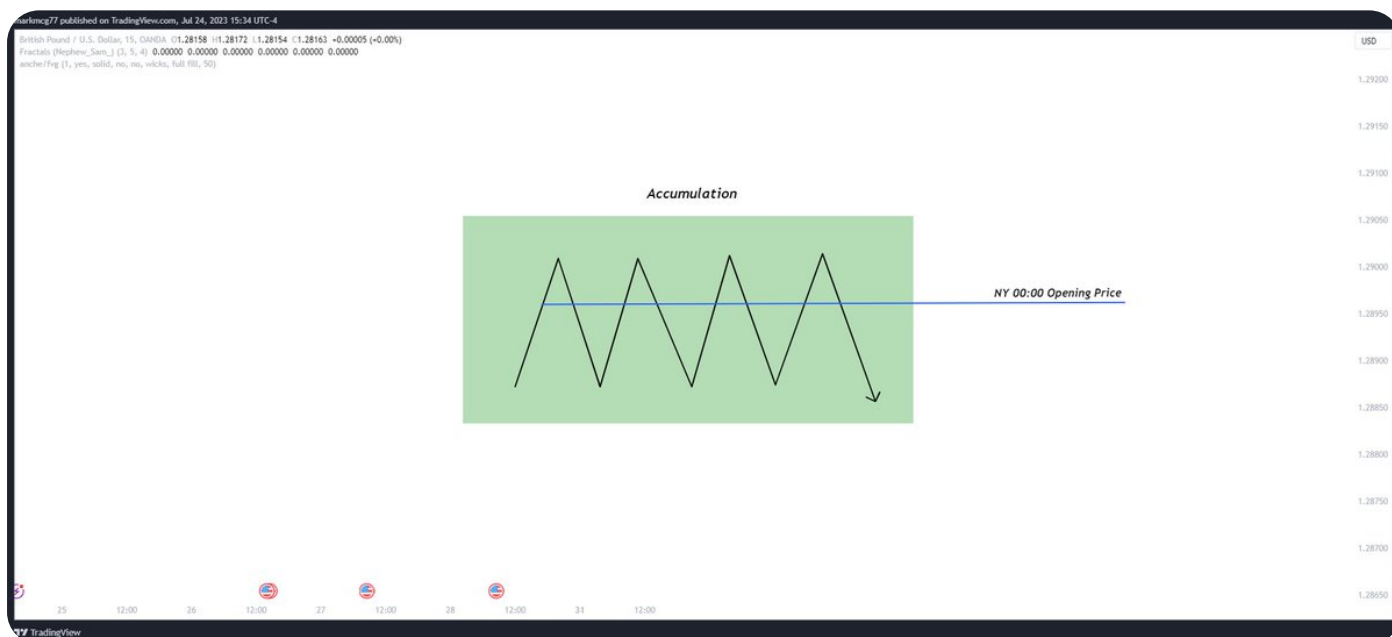
Having a bias is key for trading PO3 reasonings being which I will discuss later in this thread

For this annotated breakdown I will be analysing a bullish daily scenario but as always the same principles would apply inversely if my bias was bearish.

# What is PO3

## Accumulation

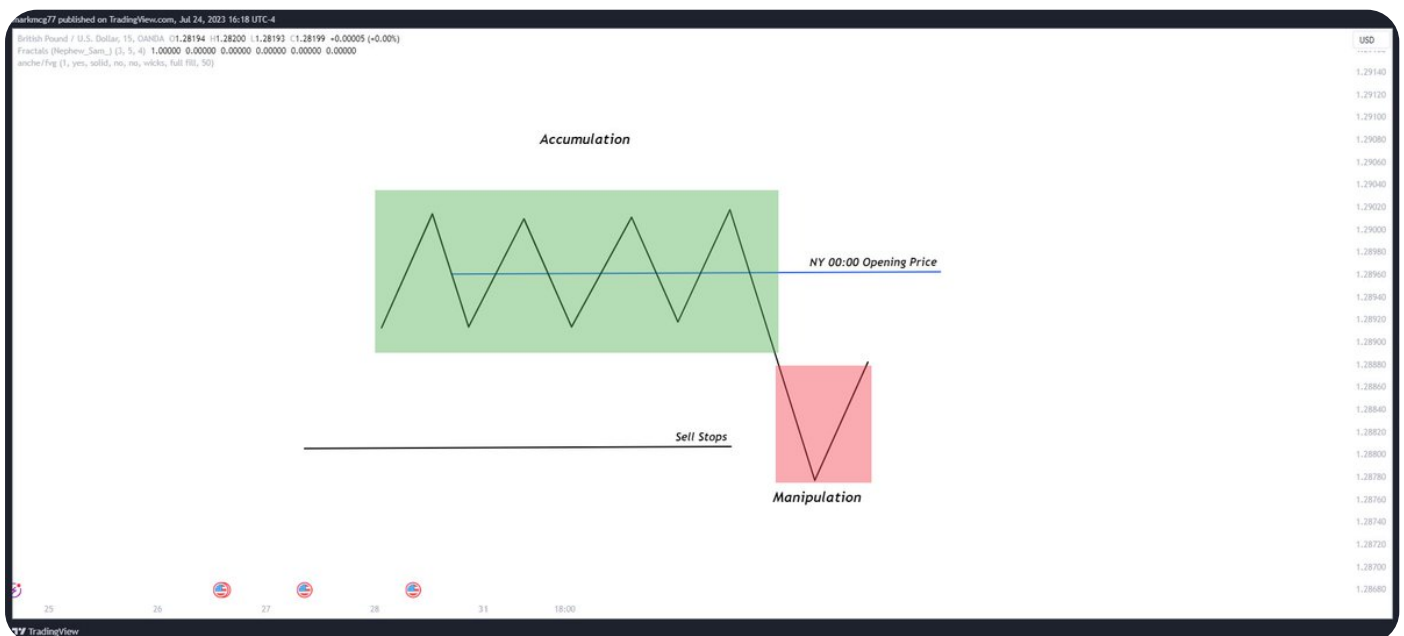
Accumulation refers to the phase in which smart money or large institutions accumulate positions. If we have a bullish daily bias we would want to see accumulation below or around the NY Midnight Opening price (Daily Open).



# Manipulation

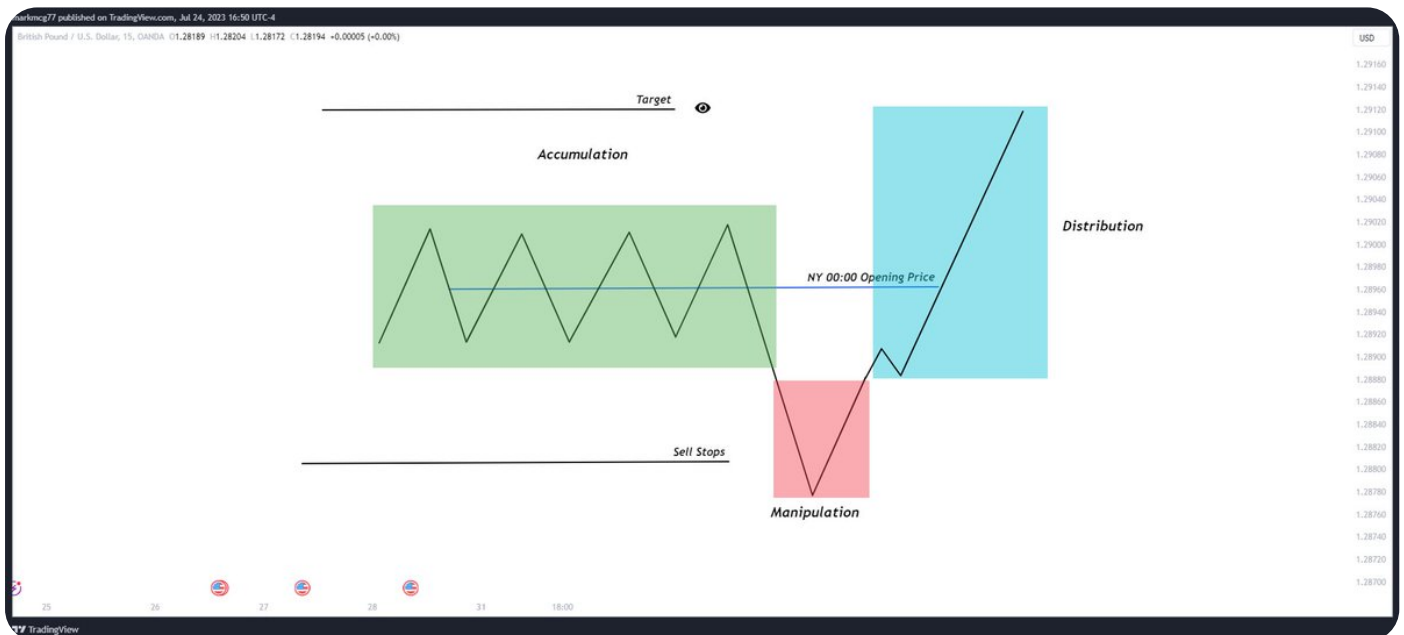
This phase is a false move, where smart money influences retail traders into thinking price is breaking down, to then,

in which they engineer liquidity by taking stops before expanding in the opposing direction.



# Distribution

The final phase of PO3 is expansion / distribution, in which smart money distributes their positions, this move should take out a targeted level in accordance to our daily bias.

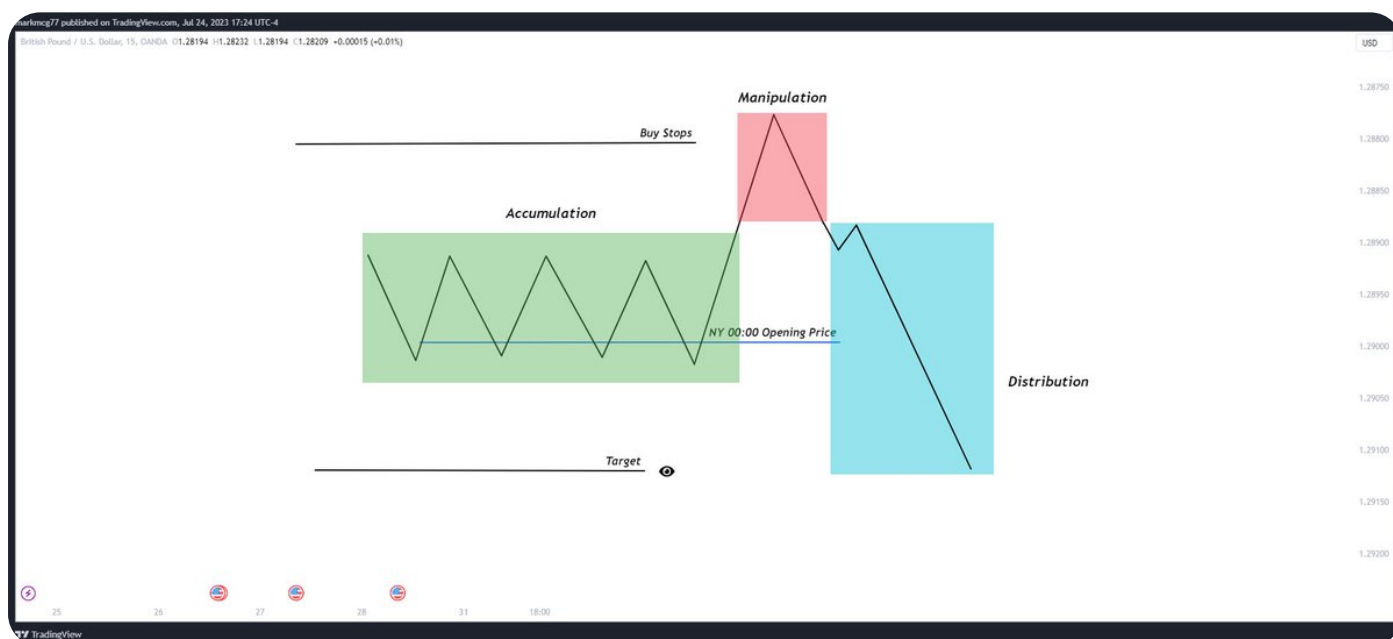


Here is also a bearish example for reference,

Just to note.

If bias is bearish; Look for accumulation ABOVE or around opening price

If bias is bullish : Look for accumulation BELOW or around opening price



# Weekly PO3

Mon to Wed: We had the accumulation phase below the weekly open, where smart money are accumulating their long orders

Thursday: Manipulation occurred where smart money fake a move down taking out retail sell stops

Friday: Expansion to target being Monday High



Here is a bearish Daily PO3 example on EU

Asia: Accumulation in the Asian session

London: Manipulation in the London session to take out buy stops

NY: Expansion to the downside in the NY session



Just for reference,

If you were able to identify this daily PO3 above in the London session, you would of caught a nice short in the expansion phase during NY



I hope you all enjoyed this brief thread on the Power of 3, and will now look to integrate it into your own trading,

Catch ya later!

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