

Trade Ref. No. 9711334

## TMS Trade Checklist

A.Symonds

Version: 1.0

## 1. Money Management

<u>Over-Trading Check</u>	
Daily Trade Limit:	2
Trades for Today:	0
Current Open Risk:	0%
Progress?	Y

<u>Previous Closed Trades:</u>	
Previous Trade Result:	-
Previous Trade Risk:	-
Previous W/L Streak:	-
Current Drawdown:	-
Drawdown Recovery:	-

<u>New Trade:</u>	
Total Account Equity:	\$3000
New Trade Risk (%):	2
New Trade Risk (\$):	\$60
Stop Loss Dist. (Pips):	50
Pip Value (\$):	1.2

## 2. Trade Execution

Day:	Long
Date:	Mon
Time (GMT):	12/08/2013
Currency Pair:	06:14
Timeframe:	EURJPY
	H4

<u>TMS System Variables:</u>	
Entry Candle Number:	2
Trade Type (Crss/Bnce):	Crss
TDI Angle (Clock Face):	02:00
TDI Position/ Value:	40
Stoch's Confirmation:	Y

<u>PA Variables:</u>	
Monthly Trend:	Up
Weekly Trend:	Down
Daily Trend:	Down
4HR Trend:	Up
1HR Trend:	Up

<u>Major Events/ News Releases:</u>		
Details	Pair	Time(GMT)
1		
2		
3		
4		
5		

<u>Trade Variables:</u>	
Entry Price:	128.566
Protective Stop Loss:	128.066
Trailing Stop Loss:	-
Take Profit Objective:	129.470
Pair Spread (Pips):	2.4
Risk:Reward Ratio	0.553

<u>Support/ Resistance:</u>		Distance to Entry
Support Levels:	128.000	57
Resistance Levels:	129.546	98
	130.776	221

## 3. Split Trade Details

Portion	%	Fixed Stop Loss	Trailing Stop Loss	Required Profit for SL move to B/E	Pleinary Take Profit Objective Points	Result (Pips)
1	100	128.066	-	25	129.470	9.2
2						
3						

## 4. Trade Closure

Day:	Mon
Date:	12/08/2013
Time (GMT):	10:24
Profit/ Loss (Pips):	9.2
Account Return (%):	0.35

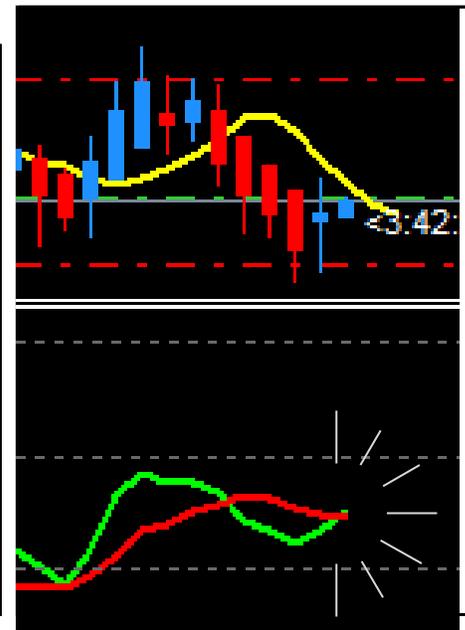
<u>Reason for Closure:</u>	
Hit SL:	
Hit TP:	
Day/ Time:	
News:	
Other:	TDI flattened

<u>Closed Trade Details:</u>	
Projected R:R Ratio:	0.553
Achieved R:R Ratio:	N
Drawdown State:	-
Drawdown Recovery:	-
New Risk Level?:	-

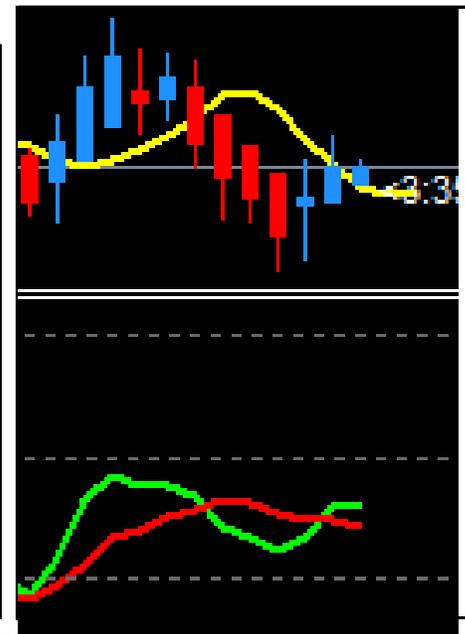
## 5. Post Trade Analysis

Trade to Plan?:	Y
R:R Target Hit?:	N
Pip Target Hit?:	N
Trade Limit Hit?:	N
Added to Journal?:	Y

<u>Comments/ Reflections:</u>	
1. Trade was high risk since it was Monday AM and counter trend.	
2. I was right to exit when I did as price continued to fall.	
<u>Lessons Learnt/ Improvements for Future:</u>	
1. Again, I traded right into resistance. Trade reversed instantly.	
2. On reflection, I was lucky to win pips given the high risk trade.	

**1. Trade Entry**Comments:

1. Candle 2 entry of a cross. Green TDI sitting at 2:00 (Not the strongest angle but still ok)
2. HTF's in downtrend (Counter trend trade). Stochastics showing good angle leaving the 20 line.
3. Projected R:R looks good since TP is further than SL although a Monday trade is not ideal.

**2. Trade Exit**Comments:

1. A little disappointing in the end. Market seemed dead and showed very little movement.
2. 10am candle caused Green TDI to flatten and I exited manually with a small profit of 9 pips.
3. Price found resistance on the left. Reversal eventually turned to consolidation later in the day.