

Shortest instruction possible for newbies like me!:

1) I need to see trendy market -- avoiding consolidations, choppy market, checking news, drawing S/R

trendy



choppy



2) I need to see price on one side of 10/200EMA on M15, H1, H4





3) Looking now for setup... here looking for short



And do not play against strong S/R, do not trade around "RED" news,

Remember, even if those rules are met, there is no sure your trade will win, you only maximize probability..... and what if I cannot see for long, long, long time all condition met??? It is simple, DO NOT TRADE